





# Introduction to the Lesson Plan

The aim of this lesson plan is to support you, as a community and adult educator, to deliver a session using the FARCE Climate Change Awareness — Compendium of Comedy and Learning resources, with adult learners in your group. Through this lesson plan, we will provide you with some sample activities that you can use to deliver one of the Comedy Resources from this Compendium in a group-work setting. When preparing to deliver these activities in your group, it is important that you are prepared to use the Comedy for Climate Change resources. For this, we recommend that you complete the relevant modules from our FARCE In-service Training Programme, before delivering these activities in your practice.

## Introduction to the Climate Change topic

According to France Nature Environment 10 million tons, 10 billion kilos is the estimated annual weight of food waste in France. This disconcerting waste occurs at all levels, from production to consumption, via processing, distribution and catering.

While the consumer is often the first to be singled out, the issue actually concerns all food actors and channels. According to a 2016 ADEME study, 18% of food production intended for human consumption is wasted each year. This waste breaks down as follows:

- 32% for agricultural production;
- 21% for food processing;
- 14% for distribution;
- 14% for catering (collective and commercial);
- 19% for home consumption.

Thus, all sectors of activity are concerned and generate waste at their level for different reasons: overproduction, calibration criteria, break in the cold chain, poor stock management, mismatch between supply and demand, etc. But each of them has a role to play.

Food waste has very important impacts on the environment. It results in a waste of natural resources (water, agricultural land, etc.) but also in pollution linked to the production of food (use of pesticides, chemical fertilizers, etc.) and to its destruction.

According to ADEME, the annual carbon footprint of food waste would be nearly 15.5 million tons of CO2 equivalent per year in France, which is not surprising when we know that food alone represents 36% of national greenhouse gas emissions.

In terms of economic consequences of the waste of agricultural products (excluding fish and seafood), 750 billion dollars per year are wasted in the world according to the FAO, which is the equivalent of a third of the French national GDP. In France, the cost of food waste from





the field to the garbage can would represent 16 billion euros per year, according to ADEME, or 240€ per year and per person if we relate this figure to the entire French population¹.

The environmental impact of food waste varies according to the nature of the products and the modes of production, distribution and consumption. Fighting against this therefore also means encouraging the development of more sustainable food systems for all.

# Getting to know the Resources

In this section, we will provide you with a brief introduction to the Comedy Resource that you will use in when delivering this lesson plan in a group of adult learners.

## What is covered in the Comedy Resource?

This comedy resource is a GIF (Graphics Interchange Format) representing the famous traditional festival of "Tomatina" in Buñol (Spain) in which participants throw tomatoes and get involved in a tomato fight purely for entertainment purposes.

This GIF uses a video from this festival to address the topic of food waste in a fun way. In the GIF you can see one of the "tomato fighters" throwing away a bucket of tomato sauce.

#### This GIF focuses on:

- Raising awareness about the importance to avoid and reduce food waste
- Understanding the impact of food waste on the planet
- Raising awareness of the costs of food waste

#### Applying this Comedy Resource

This GIF can be used to introduce the topic of food waste. It provides a visual support to present the topic in a fun way.

### Lesson Plan

Title of Session:

Duration Resources Required:

<sup>&</sup>lt;sup>1</sup> https://fne.asso.fr/dossiers/gaspillage-alimentaire-definition-enjeux-et-chiffres





This lesson	To deliver this lesson plan, you will require the following resources:		
plan will take	Comedy piece "It's not food wasteUntil you throw it away!"		
60 minutes to deliver	1 laptop for the tutor		
to deliver	Internet connection		
	Projector		
	1 laptop or Smartphone for each participant		
	Whiteboard		
	Markers		

## **Learning Outcomes**

# On successful completion of this lesson, learners will acquire:

- Factual knowledge of food waste in my country.
- Factual knowledge of the environmental cost of generating food waste.
- Factual knowledge of how to reduce food waste at home, in one's own cooking habits.

Workshop Opening					
Durat ion	Description of Activity	Links to Support Materials			
10 minut es	Show the GIF "It's not food wasteUntil you throw it away!" to the participants.  Ask the learners what is the festival in the video is and what they think the men in the video is doing.  Let them talk and exchange ideas for about 5-10 minutes. Then provide the answer.	GIF "It's not food wasteUntil you throw it away!"  PC  Projector			
	Group Activity 1				
Durat ion	Description of Activity	Links to Support Materials			





20	Project the following video about food waste explained through			
minut	food	waste	explained	through
es	tomatoes (always tomatoes!):			

<u>atFootprint</u>

https://www.youtube.com/watc h?v=uvPs61c-9CI&t=1s&ab\_channel=ShrinkTh

Then ask the students to answer the following quiz to measure how much food they waste:

https://ivaluefood.com/quiz.php

After answering the quiz, the students compare their results and discuss how they could reduce their food waste.

their own original recipe out of the food scraps and leftovers

they wrote down.

Material needed:

PC

Internet connection

Projector

1 PC or Smartphone per pair of participants

Durat	Description of Activity	Links to Support Materials
ion		
20	Ask the participants to work in	Material needed:
minut	pairs to conduct a research on	
es	the web on the best ways to	PC
	reduce food waste. They can use the following link or look for	Internet connection
	more:	1 PC or Smartphone per pair of participants
	https://www.fao.org/fao- stories/article/en/c/1309609/	Papers and pens
	After that, ask the students to work in pairs and write down the	
	last dishes they cooked and the food scraps and leftovers that they threw away.	
	Then ask each pair to make up	

**Group Activity 2** 





	Finally, each pair will present their recipes to the other learners.	
Workshop Close		
Durat ion	Description of Activity	Links to Evaluation Survey
10	Ask the participants to assess the	https://docs.google.com/forms/d/e/1FAIpQL
minut	resource, the workshop and the	Sdoz-
es	activities through this	nJ5XXP rMg0h5ubG3P6PhdzbKuWnv9QRCAH
	anonymous survey.	nJit33Gtg/viewform



# FARCE!

Using Satire and Comedy to Promote Climate Change Awareness

















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