



IO1 – Climate Change
Awareness
Compendium of
Comedy and
Learning
Lesson Plan



FARCE!

Using Satire and Comedy to Promote
Climate Change Awareness



Introduction to the Lesson Plan

The aim of this lesson plan is to support you, as a community and adult educator, to deliver a session using the FARCE Climate Change Awareness – Compendium of Comedy and Learning resources, with adult learners in your group. Through this lesson plan, we will provide you with some sample activities that you can use to deliver one of the Comedy Resources from this Compendium in a group-work setting. When preparing to deliver these activities in your group, it is important that you are prepared to use the Comedy for Climate Change resources. For this, we recommend that you complete the relevant modules from our FARCE In-service Training Programme, before delivering these activities in your practice.

Introduction to the Climate Change topic

Households generate roughly a quarter of all direct CO₂ emissions produced in the EU today. In EU households, heating and hot water alone account for 79% of total final energy use (192.5 Mtoe), according to a [study on mapping and analysis of the 2020-2030 heating/cooling deployment](#) from 2016. Cooling is a fairly small share of total final energy use, but demand from households usually increase during the summer months. This trend is also linked to climate change and increases in temperature. Heating and cooling plays a crucial role in the EU's ambition to transition into a clean and carbon-neutral economy by 2050¹. Small steps at home to save energy and money and help to protect the climate by reducing emissions.

Heating & cooling

- **Don't overheat your water**, set your boiler at a maximum temperature of 60°C.
- **Use the thermostat wisely**. The house won't get warm faster if you turn the thermostat up.
- **Close your curtains or shutters on hot days** to reduce the sunlight entering your home.
- **Keep cool with a fan**. Fans use much less energy than air conditioners.

¹ [Heating and cooling | Energy \(europa.eu\)](#)





Insulation

- **Replace single-glazed windows with double-glazed ones.** Double-glazed windows lose 50-70% less heat. Thick curtains or removable insulating window panels will also reduce the flow of cold air into your home.
- **Draught can be a big source of heat loss.** Save energy by sealing gaps around windows, or installing draught-proofing beneath doors.
- **Insulate hot water tanks, central heating pipes and wall cavities or** fit insulating radiator reflectors on the wall behind your radiators.

In the kitchen

- **Buy energy efficient appliances.** The rating ranges from A+++ (most efficient) to G (least efficient) according to the [EU energy label](#) .
- **Check your oven is properly sealed.**
- **Avoid washing dishes by hand if you have a dishwasher.** Modern dishwashers use less water and energy – and most have an ‘Eco’ mode – but only use it when it’s full!
- **Only boil as much water as you need.**

Wash smart

- **Fill up your washing machine** – but don’t exceed the maximum permitted weight.
- **Choose the lowest suitable temperature and skip the pre-wash cycle** if your clothes are not very dirty. Nowadays, detergents are so efficient that they get most clothes clean at low temperatures.
- **Avoid using a tumble dryer if possible.** One tumble dryer cycle can use twice as much energy as an average washing machine cycle.

Save electricity

- **Replace incandescent or halogen light bulbs with more energy efficient ones** (e.g. LED).
- **Switch off your devices.** Internet-connected devices like smart TVs, printers and games consoles from 2016 or earlier can use up to 80 watts of electricity when on standby mode.
- **Installing a smart meter** systems for gas and electricity could save 3% of energy use.





Getting to know the Resources

In this section, we will provide you with a brief introduction to the Comedy Resource that you will use in when delivering this lesson plan in a group of adult learners.

What is covered in the Comedy Resource?

The Comedy Resource is a narrative presenting Annie, a girl who lives in a forest in a caravan during winter and a tent during summer. The narrator describes the unconventional life of Annie that is different of her peers. She lives among animals, without electricity, uses petrol lamps, follows a zero-waste lifestyle, hosts guests in exchange with work in the farm.

This narrative is selected to question learners on their everyday home habits. This way of living it's far from most people lifestyle and it's ideal to raise awareness; what is necessary, sustainable, etc.

Applying this Comedy Resource

It's important to give the opportunity to the participants to express their opinion without judgement. Therefore, a safe environment should be created. If the facilitator notice that some participants don't feel included in the process of group activities, the facilitator can allocate roles in the group, so that nobody is left outside.

Lesson Plan

| | |
|---|--|
| Title of Session: | Home Energy: Annie's lifestyle |
| Duration | Resources Required: |
| This lesson plan will take 60 minutes to deliver | To deliver this lesson plan, you will require the following resources: <ul style="list-style-type: none"> • Projector – laptop • Speakers • Laptops for each participant or printed document Tips for your home (europa.eu) |





| | | |
|--|---|---|
| | <ul style="list-style-type: none"> Room to break into couples | |
| Learning Outcomes | | |
| <p>On successful completion of this lesson, learners will be able to:</p> <ul style="list-style-type: none"> Identify their everyday habits regarding home energy Raise awareness on the importance of electricity Switch to a more sustainable lifestyle regarding home energy | | |
| Workshop Opening | | |
| Duration | Description of Activity | Links to Support Materials |
| 10 minutes | The learners stand/sit in a circle and name an everyday activity that can't live without that doesn't require electricity. | |
| Group Activity 1 | | |
| Duration | Description of Activity | Links to Support Materials |
| 20 minutes | <p>Discussion: Imagine your life without electricity, how this could be? (7')</p> <p>The learners watch the video. (3')</p> <p>Writing exercise (individual): Could I live like Annie? Yes/No and why? Try to create a humorous text answering this question (5')</p> <p>Read your text (5')</p> | https://anniesofocleous.wixsite.com/ananke |
| Group Activity 2 | | |
| Duration | Description of Activity | Links to Support Materials |
| 20 minutes | <p>It might be difficult to follow Annie's lifestyle nowadays, but are there any other ways to adopt more sustainable habits during the day?</p> <p>To answer that question, learners divide into 5 couples/groups. Each subject of this document Tips for your home (europa.eu) is allocated to the group and they are asked to present it to others. Participants are welcomed to add their</p> | <p>Tips for your home (europa.eu)</p> <p>How to Save Energy in Your Home (with Pictures) - wikiHow</p> |





| | suggestions. Preparation (5') and Presentation (10') | |
|-----------------------|---|-----------------------------------|
| | Discussion: How feasible is to adopt these habits? (5') | |
| Workshop Close | | |
| Duration | Description of Activity | Links to Evaluation Survey |
| 10 minutes | Each one answers the questions: What have you learnt? What do you think you will adopt to your daily routine? | |





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